



# HIGHLANDS of St. Paul



## SENIOR LIVING | ASSISTED LIVING | MEMORY CARE

Nestled in the trendy Highland Village neighborhood just minutes from scenic river road and the Mississippi River, Highlands of St. Paul is surrounded by nature. Our community provides opportunities for creative expression, discussion, and a change to give back to those in need.



designed to enhance our Memory Care programming through activities such as music, art, writing, storytelling and other therapies to stimulate, relate and engage our residents living with dementia and Alzheimer's disease.

## PILLARS FOUNDATION

Our name is inspired by the Pillars Foundation that provides funds to offer unique activities for our residents. The fund is





### SENIOR LIVING

A variety of floor plans & amenities. No more shoveling snow or mowing the lawn. Prospect Park takes care of it all.



### ASSISTED LIVING

Services include three meals daily, round-the-clock staffing, health monitoring, individually tailored health & personal care.

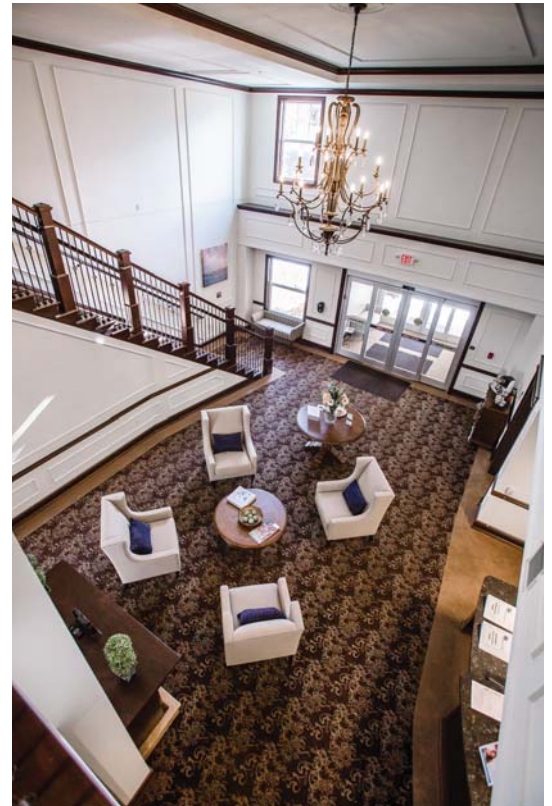


### MEMORY CARE

Studio or 1 bedroom, specially designed for Alzheimer's & other forms of memory loss. Staff is on-site 24-hours every day.

## AMENITIES

- Large community rooms
- Select apartments feature balconies
- Chapel
- Dining room and private dining room
- Library
- Movie theater
- Free Wi-Fi
- Salon
- Fireside lounge
- Sunroom and front porch
- Outdoor sunlit patio
- Controlled access
- Scheduled van transportation



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